

**JUDOKA OF THE
MONTH 7.15PM CLASS**

MORGAN WHITTAKER

A little history

Kenshiro Abbe was highly graded in aikido and karate as well as a number of more obscure martial arts. However, he placed his greatest emphasis on Judo, believing it to be a superior art and better vehicle for personnel development

PILATES CLASSES at the Easter Course

ON MAT 4 AT ST IVES DOJO By the island car park

Friday 4---5pm

Saturday 3---4pm

Sunday 9.30---10.30am

£5 for one class

OR

3 classes for £12.50

Payment and booking on front desk at the Guild Hall



**WE WISH YOU ALL A VERY
HAPPY EASTER**





TOT OF THE WEEK


Reece Prout — for being the most focused in Class
Aghata Oshinyemi— for having the most improved
 breakfalls
Dominic Tressider — for good Uchikomi
Caleb Langton — for being very successful in sono mama

Thank you all for your support
Sensei Janet
Judo tots are at 3.50pm
EVERY TUESDAY

**REMEMBER TO PAY FOR
 ALL YOUR EVENTS
 AND
 CLASS FEES
 AT THE BEGINNING OF
 YOUR CLASS
 THANK YOU**



Please note that
All Dan Grades are to pay club membership

Carn Brea Stock Shop
 Shin Pads all sizes including small **£10**
 Club Badges **£3**
 Judo Handbooks **£3**
 Sweat Hoodies **child £12/ Adult £15**
 (including logo)

Kit bags **£15 (including logo)**

Tee shirts **child £5/ Adult £6(including logo)**

2nd hand suits If you have any old suits or you know someone who no longer practices we would be delighted to receive their suits
 Reimbursement by agreement by the stock controller,
 Sam Moyle

Drill tops are no longer available, we are sorry for the inconvenience any orders with payment will be returned, this is due to the supplier discontinuing this line.

www.carnbreajudo.co.uk





Cornish Invitation Championships

Primary Girls

Under 25kg **Gold** Georgia Doe

Under 30kg **Gold** Taylor Williamson

Under 40kg **Bronze** Charlotte Carpenter

Primary Boys

Under 25kg **Silver** Ben Mitchell

Under 30kg **Silver** Ryan Daughtery

Junior Girls

Under 30kg **Silver** Morwenna Trevena

Under 40kg **Gold** Lisa Ivey

Under 45kg **Gold** Abi Rice

Under 60kg **Silver** Abi James

Junior Boys

Under 30kg **Silver** Liam Mavers

Under 35kg **Bronze** Harris Fisher

Under 45kg **Gold** Mark Hanson

Under 55kg **Gold** Locryn Williams **Bronze** Joseph Pippa -Harding

Under 60kg **Gold** Tom Naylor

Under 65kg **Bronze** Josh Goldsworthy

Senior Men Kyu Grades

Under 71 kg **Gold** Dean Thomas **Bronze** Connor Maybury

Bronze Kevin Fisher

Senior Men Dan Grades

Under 95kg **Silver** Terry Noble

Over 95kg **Silver** Tony Brown

Senior Men Open Dan Grades

Silver Tony Brown

Others who represented the club well were

Luke Antony; Nille Dallas-Cross; Matthew Doe; Callum Moyle;

“Our Key to success is hard work and determination”



St Ives Easter Course

21st – 24th of March 2008

Regardless of the date the St Ives Easter Course is the place to be if you enjoy Judo, St Ives is probably the best course of its kind anywhere in the country, and this year will be no exception.

Our President Mr Otani will be in overall charge,

supported by the technical director Mr Hosaka 8th Dan Kodokan, Vice President Mr Mealing 7th Dan, and Mrs Whyman 6th Dan Kodokan.

This year's special guests will be Andrew Moshinov BJA National coach and Yuko Nakano 3rd Dan who has a master's degree in sports science.

There will be something for everyone Coaching, Randori, Kata, and Grading, for Seniors and Juniors, and the fabulous course party at the rugby club on Sunday evening, fancy dress is optional.

IF YOU HAVE PAID TO ATTEND YOU CAN

COLLECT YOUR TICKETS EITHER ON

THURSDAY EVENING 7 - 8.30PM

AND BOOK IN

OR

ON FRIDAY MORNING BEFORE 10AM

AN UP TO DATE BJC LICENCE MUST BE

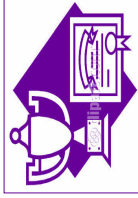
BROUGHT WITH YOU WHEN

COLLECTING YOUR TICKETS

Cornwall Invitation Judo Championships 2008

Medal Table

CLUB	GOLD	SILVER	BRONZE
Carn Brea	8	8	6
St Ives	5	3	6
Plympton	5	0	1
Isles of Scilly	3	5	6
Redruth	2	3	5
Threemilestone	2	2	7
Hayle	1	6	4
Porthleven	1	1	3
Okehampton	1	1	1
Coombe Martin	1	0	2
Truro Prep	1	0	0
Penlee	0	1	1
Helston	0	0	2



SATURDAY 10 MAY 2008

CARN BREA JUDO CLUB CHAMPIONSHIPS
AT ROSKEAR SCHOOL

ENTRY £5 TOTS, PRIMARIES, JUNIORS,
ENTRY £6 ESIPIORS & SENIORS

BJC LICENCE **MUST** BE IN DATE

OPEN TO ALL MEMBERS OF CARN BREA JUDO CLUB
TOTS, PRIMARIES, JUNIORS,

COMPETITION TO BEGIN AT **9.15AM**

STARTING WITH TOTS & PRIMARIES.

JUNIORS /ESIPIORS/SENIORS STARTING AT **10.45AM**

ENTRY INCLUDES:

MEDALS, (GOODIE BAG FOR UNDER 16'S)

AND CERTIFICATES FOR ALL WHO ENTER

TUCK SHOP WILL BE OPEN FOR REFRESHMENTS

RAFFLE £1 A STRIP TO BE DRAWN ON DAY

MEDALS PRESENTED BY

Freda Waterhouse

Ex Lady Mayor and Parent of Carn Brea Judo Club

Whose children were National & International Judoka

YOU WILL BE MAD TO MISS IT !!

**Entrants must be supervised by a responsible
parent/guardian**

ALL ENTRIES MUST BE RECEIVED BY NO LATER THAN
TUESDAY 29 APRIL

**WOULD YOU LIKE TO SPONSOR
A WEIGHT CATEGORY ?**

To sponsor a weight group costs £5 speak to any Sensei
Sponsors will be listed in the next newsletter

Thank you

Entry forms will be issued on
Tuesday 8 April

Did you know?

Did you know it's the jubilee year of the BJC?
50 years ago was the creation of the BJC.

Robin Otani has been the President of the

BJC for 30 years!

There will be a special presentation to him
at the St Ives Easter Course.



Our club web site is linked to the web site
of the BJC go to www.britishjudocouncil.org

If you are thinking of going to the Junior Nationals you
may also need accommodation.

The transport has been booked, but we need your
names in as soon as possible with payment of course.
Speak to Sensei Jacky if you would like to go.

Last Class of this term Tuesday 18 March First Class back after Easter break Tuesday 8 April

At the Easter Course 2008 there will be a raffle with the first prize a Trip for 2
to the Isles of Scilly including

Bed & Breakfast for 3 nights. This prize is worth £400

All monies raised will be for an area defibrillator please support this worthy
cause by buying a strip of raffle tickets for £1 there are some fantastic prizes
to be won. Carol from the front desk will be asking you to support it upon
your arrival. Or why not purchase your raffle ticket tonight.

So far £600 has been raised at area events and the area are well on the way
to raising the full amount of £1000.



So well done to every one involved

The correct dress code for judo is **all females of all ages wear a round neck white tee shirt that cover their hips.**

All long hair is tied back including males.

No jewellery. No nail polish including males.

No piercings including belly bars or

any other piercings that are not visible.

No chewing gum on the mat.

Wear the correct footwear

To and from the mat

Zoris, slippers or flip flops please

Thank you for your co-operation



Tuesday 8 April—20 May (7 Weeks)
= £12.25 per person primary; junior;
Students

Seniors = £15.75 per person.

Those not paying on block primary; junior;
students class fees will be £2 per night
Seniors £2.50 per night

Please pay for all your events and class fees at the be-
ginning of your class

This applies particularly to

the 7.15pm class. Please be sure to always
give in your name on arrival to Carol on the
front desk, our register is vital in case of fire



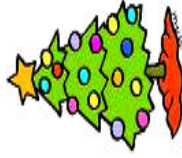
Thank you

The Carn Brea Judo Club Sponsor is



THANK YOU

How scary is this?



Do you have any ideas where we could hold our Adult Annual Christmas event, if so please give sensible suggestions to Sensei Jacky/ Janet



Summer fun?

Do you have any ideas where we could hold our Family Annual Summer event, if so please give sensible suggestions to Sensei Jacky/Janet

DIARY DATES

Sunday 6 April Area AGM 10.45pm for 11am start at the Carn Brea Hub Club

Thursday 10 April Carn Brea Judo Club Meeting 7.30pm
Illogan Football Club

Sunday 13 April Primary Grading at Penzance Leisure Centre

Sunday 4 May Junior Nationals Hereford

Saturday 10 May Carn Brea Judo Club
Championships at Roskear School

Sunday 6 July Full Area Grading Penzance Leisure Centre

Saturday 15 November
Penzance Leisure Centre Kata course/instruction
To include kata pre qualification
Full Grading **16 November** at
Penzance Leisure Centre

Sunday 30 November Cornwall Area Teams
Penzance Leisure Centre

Sunday 8 Feb 2009 Primary Grading
Penzance Leisure Centre

22 March **2009 (Provisional)**
Cornish Invitation Championships Penzance Leisure Centre

Remember you will receive a £1 swimming ticket issued by the area for every event you enter at Penzance Leisure Centre for use on that day