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# ***CARN BREA***



## ***JUDO CLUB***

### **NEWS LETTER**

#### ***September /October***

**[www.carnbreajudo.co.uk](http://www.carnbreajudo.co.uk)**

# **CARN BREA JUDO NEWS**

## **Welcome back**

**Welcome to the start of the new term we all hope you had an enjoyable summer and are ready to start training once again.**

**Look out in the letter for future dates of competitions and gradings that will be coming up, as we will need plenty of notice if you are wishing to compete, as B.J.C are not excepting late entries.**

**Look out for extra training sessions to help with these events.**

**Sessions and Times**  
**Tots 3.50pm – 4.50pm**  
**Beginners 5pm- 6pm**  
**Juniors 6.15 pm – 7.15pm**  
**Juniors and Seniors 7.15pm – 8.30pm**





## Area/Club/National Calendar Dates 07/08

Event	Venue	Date	Time
Great Northern Open International	Newcastle	Saturday 6 October 2007	Tbc
BJC National Squad Training	Rawlett Centre Tamworth	Sunday 7 October 2007	Tbc
Koi Open Championships	Bristol	Sunday 14 October 2007	Tbc
<b>Carn Brea Judo Club AGM Meeting</b>	<b>Illogan Football Club Oxland Road</b>	<b>Wednesday 17 October 2007</b>	<b>7.30pm start</b>
Hosaka General Judo Course	Keighley Yorks	Saturday & Sunday 27/28 October 2007	Tbc
Full Area Course and grading Primary /Junior/Senior And Dan grading (if numbers permit)	Penzance Leisure Centre	Saturday & Sunday 10/11 November 2007	9.30am
Senior Nationals	Hereford	Sunday 18 November 2007	Tbc
Presidents Course	Newcastle	Saturday & Sunday 24/25 November 2007	Tbc
Head Quarters Committee Meeting	BJC HQ Acton	Saturday 1 December 2007	
Cornwall Area Teams	Penzance Leisure Centre	Sunday 2 December 2007	9.30am
Cornish Area Invitation Open Championships	Penzance Leisure Centre	Sunday 24 February 2008	9.30am

**DON'T FORGET THERE WILL NOT BE ANY JUDO ON THE  
30<sup>TH</sup> OCTOBER AS ITS HALF-TERM.**

Further Competitions and Course details will be shown  
on the club notice board

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### DON'T FORGET

Do you wish to be considered for any grading?  
Then **you must attend 4 consecutive classes** prior to grading day.

Area grading fees are as follows:

Primarys £7 Juniors £8 Seniors £9

Prices for the Area & Grading course in November  
will feature in the next newsletter



## Renewing your licence.

The licence secretary is finding that several of the club members are not renewing in time for gradings and championships. Please note that you are not insured if you let it run out and we reserve the right not to let you practice, we know who you are! You also can not practice any where else in the area. Please check your licence slip inside your black book the date of expiry is clearly stamped inside.

Thank you

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Remember to pay for all your events  
and class fees at  
the beginning of your class  
Thank you



## CHRISTMAS CELEBRATION

Kilbernie Hotel Newquay will be the venue of this years  
Carn Brea Judo Club Christmas function

Saturday 22<sup>nd</sup> December

£16.00 for meal and entertainment per person

**OR**

Treat yourselves for Bed and breakfast

£25.00 per person

*{Total payable per person for meal  
and bed and breakfast £41}*

**Bed and Breakfast to be booked by persons  
wanting this option**

Any bookings see Sensei Jacky or Sharon Tucker  
£5 deposit required.

Bookings will only be confirmed when  
a full and final payment is received

**Final date for payment is Tuesday 13 November**



### Isles of Scilly Weekend.

On the 19<sup>th</sup> July Sensei Jacky, Sensei Tom, Jack (sensei grandson) and Carol (front desk), flew to the Scillies for a judo week-end.

Thursday evening saw approx 30 judoka on the mat for teaching, randori plus grading instruction and a game or two.

On Saturday classes started from 10am until 2pm from beginners to the more experienced judoka, one of whom will be joining Carn Brea in September. We welcome you Conor.

At the grading on Sunday 30 attended, and all were graded, there was also a trophy awarded to Tania Bradford for her most improved judoka over the weekend.

Leisure time included a very enjoyable boat trip around the islands bird watching, refreshments being a pasty with wine or beer. On Saturday we were invited to a BBQ at the golf club where we were also entertained by a Jazz band. It was very enjoyable.

We also enjoyed the walks, fishing, being on the beach eating and drinking. It was a fantastic weekend with the superb weather being a bonus.

Monday morning Jacky, Jack and Carol boarded the helicopter and arrived in Penzance at 10am.

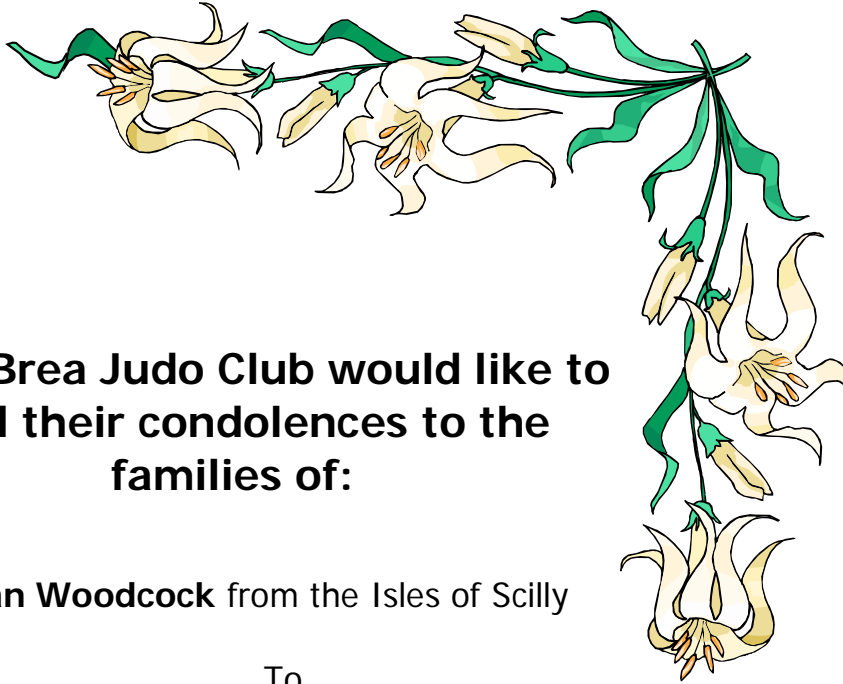
Tom stayed over for the funeral of Nathan Woodcock (who practiced Judo until the age of 16) who sadly died at the age of 23

Next year we are looking for the judoka from Carn Brea Judo Club to go across and enjoy the wonderful island plus the fantastic hospitality.

Many thanks to Jim Johnson, the Isles of Scilly Judo club and everyone who made it a memorable weekend.

Carol & Jack





**Carn Brea Judo Club would like to  
send their condolences to the  
families of:**

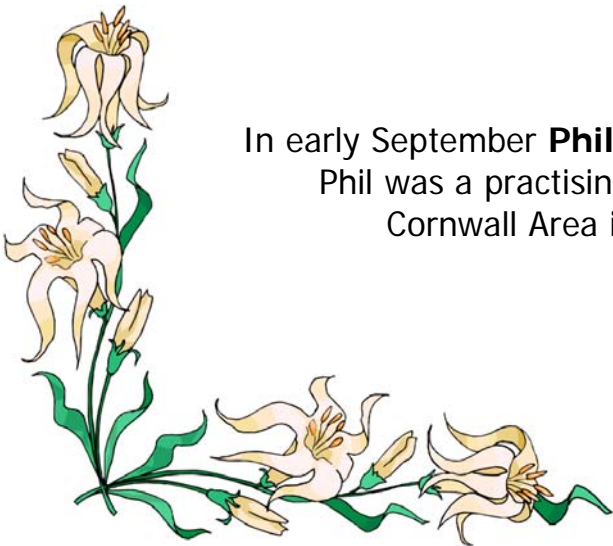
**Nathan Woodcock** from the Isles of Scilly

To

During the summer break we were sad to hear that  
**Roy Bagnel** had passed away.  
Roy was a previous Dan Grade member of  
Carn Brea Judo Club

To

In early September **Phil Hoare** passed away.  
Phil was a practising 2nd Dan in the  
Cornwall Area in the 1970's



## POLITE NOTICE TO EVERYONE

### We pride ourselves to have Fun Filled, Disciplined and Successful Classes

The Sensei's of Carn Brea Judo Club are concerned by the lack of thought by some of our judoka (pupils-students) and some of the pupils' parents of which is listed below

- **We want you to support your children.** However, IT IS IMPORTANT that you keep younger children under control during classes bring something to amuse them so as not to distract those being taught on the (tatami) mat. It is not acceptable for younger children to run around and crawl on the outer mats. You will be asked for them to leave the (dojo) judo hall. Dojo is found in Buddhism and means meditation hall. The dojo therefore must be clean and as quiet as possible. Visitors to the dojo are requested to observe such etiquette, a code that is found in Japans martial arts, including Judo.
- Adult spectators must NOT walk on the mat with shoes on. Once your child has finished their class and has put on their shoes **please do not** encourage them to walk on the mat with their shoes on because you are in a hurry to leave. The Tatami (mat) must be as clean as possible, judoka (pupils-students) often lay face down on the Tatami (mat) and out side dirt is not acceptable. It has been judo etiquette for 100's of years and we want to know where your children are when in our care.
- Judo suits must fit correctly
- Judoka must keep their toe and hand nails short and clean.
- Judoka must keep their body and judo suit clean.
- If any child needs to leave the mat for whatever reason they must first ask the Sensei on the mat not just leave. It has been judo etiquette for 100's of years please be aware.
- When entering the dojo (hall) judoka (pupils) should have on the correct footwear. See below.
- When leaving the mat you must place on your zoris (slippers or flip flops) not trainers.
- If you have athletes' foot or any other foot problem please wear white socks and inform the Sensei on the mat.
- **ALL** females should wear a **plain white tee shirt** with no buttons or zips. Males never wear anything under their judo jackets.
- All long hair (females as well as males) **must** be tied back with bands that have no metal seals or bobbles.
- All body piercing must be removed visible or not.

BJC  
NEW MEMBERSHIP AND RENEWALS

(INCLUDES INSURANCE PER YEAR)

**ALL DAN GRADES RENEW IN DECEMBER YEARLY**

JUNIOR New Membership = £21

JUNIOR Renewal = £18

SENIOR New Membership = £26

SENIOR Renewal = £21

CARN BREA JUDO CLUB

MEMBERSHIP / 5 WEEK COURSE PRICES

5 Week course = £20\*

Sensei Jacky &

Sensei Janet beginner courses includes £5 BJC registration fee

CLUB MEMBERSHIP PER YEAR

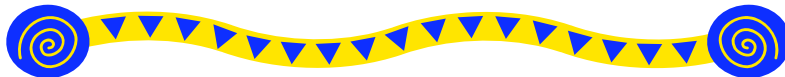
Single – Tot, Primary, Junior, Student = £10

Single Senior = £12

Family = £15

NOTE: WHEN TAKING OUT NEW BJC MEMBERSHIP OR A RENEWAL THE CARN BREA JUDO CLUB MEMBERSHIP FEE IS TO BE ADDED

I.E. JUNIOR NEW BJC MEMBERSHIP + SINGLE PRIMARY CARN BREA JUDO CLUB MEMBERSHIP = £31 FOR THE YEAR



# Judoka of the Month 6.15 class

**Well done to Melissa Doe**

*Tot of the week will feature in the next newsletter*

### Latest news on Tony Humphrey.

Tony who trained for many years at Carn Brea J.C as a young judoka has now moved on.



Still keeping his judo career going, he keeps us up to date with how his training is progressing and his success with championships, he has entered representing the B.J.A.

Tony's' most recent achievement was in the heart of England where he fought for the bronze medal. He was unfortunately beaten coming 5<sup>th</sup> place. This was a great achievement as it was a tough competition.

Congratulations and well done from all your friends at Carn Brea Judo Club.

## Koi Judo Championships

Your child /You weighed in for the Championships below.

Koi Judo Open Championships **When:** Sunday 14 October 2007

**At:** Mangotsfield School Bristol **Entry Fee:** £5 **Fuel:** £7

**You must** pay the entry fee and fuel cost

**before they/you are entered into the championships,**  
cheques made payable to CBJC

Transport will provided and will leave Roskear School **at 6am**

Please check that your BJC Licence is valid and in date

as you will need to take it with you

Those not paid in full by the closing will not be entered

**Closing date for entries Tuesday 2 October**