



**The Countryman**  
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Telephone: (0209) 215960

# ***CARN BREA JUDO CLUB***



## **NEWS LETTER**

### **June & July 2007**

[www.carnbreajudo.co.uk](http://www.carnbreajudo.co.uk)

**Club Summer Barbeque**

All club members and families are welcome to join in the fun at Porthkidney beach on **Sunday 15<sup>th</sup> July**. **There is Free parking on Dynamite Key. Meet on the beach at 2.30pm.**



As this is a beach party, we would ask you to bring with you food for the barbeques; beach games and any drinks. If you are able to bring a barbeque and beach games please let Sensei Jacky or Tom know.

**Hope to see you all there.**



Full directions on map below



# Area/Club/National Calendar Dates

## 07/08

Event	Venue	Date	Time
<b>Carn Brea Beach Barbeque</b>	Porthkiddy Beach	Sunday 15 July 2007	2.30pm
BJC National Squad Training	Rawlett Centre Tamworth	Sunday 9 September 2007	Tbc
Great Northern Open International	Newcastle	Saturday 6 October 2007	Tbc
<b>Carn Brea Judo Club AGM Meeting</b>	<b>Illogan Football Club Oxland Road</b>	<b>Wednesday 17 October 2007</b>	<b>7.30pm start</b>
BJC National Squad Training	Rawlett Centre Tamworth	Sunday 7 October 2007	Tbc
Koi Open Championships	Bristol	Sunday 14 October 2007	Tbc
Hosaka General Judo Course	Keighley Yorks	Saturday & Sunday 27/28 October 2007	Tbc
Full Area Course and grading Primary /Junior/Senior And Dan grading (if numbers permit)	Penzance Leisure Centre	Saturday & Sunday 10/11 November 2007	9.30am
Senior Nationals	Hereford	Sunday 18 November 2007	Tbc
Presidents Course	Newcastle	Saturday & Sunday 24/25 November 2007	Tbc
Head Quarters Committee Meeting	BJC HQ Acton	Saturday 1 December 2007	
Cornwall Area Teams	Penzance Leisure Centre	Sunday 2 December 2007	9.30am
Cornish Area Invitation Open Championships	Penzance Leisure Centre	Sunday 24 February 2008	9.30am

Further Competitions and Course details will be shown on the club notice board

### DON'T FORGET

Do you wish to be considered for any grading?  
Then **you must attend 4 consecutive classes** prior to grading day.

Area grading fees are as follows:



Primaries £7 Juniors £8 Seniors £9  
Prices for the Area & Grading course in November  
will feature in the next newsletter



## Summer Break

The last judo session is on  
Tuesday 17 July

Look forward to seeing you all back on the mat on  
Tuesday 11 September

‘Happy Holidays ‘



If your child enters any area run event held at Penzance Leisure Centre  
your child will receive a subsidised swimming ticket.

A subsidised swimming ticket will allow that person to swim for  
**Only £1** and will be issued to the recipient following their grading;  
attending a course or competition.

Swimming tickets issued by the area are to be used on that day.



*WELL WORTH ENTERING AN AREA GRADING OR ATTENDING  
A COURSE OR COMPETITION*

# Judoka of the Month

WELL DONE TO  
MARK HANSON



Follow in his footsteps will it be you next time?

**We are going Crazy**

No not all of you  
But the front desk is!

AS from September we are requesting that bring in the correct money for class fees; and that payments for gradings OR courses OR championships OR BJC renewals OR suits/belts/books etc are paid for individually either by the correct cash or individually by cheque (cheques made payable to Carn Brea Judo Club)

All mat fees are to be paid at the beginning of each class **and not at the end of the evening.**

We too would like to leave at 8.45pm

It is becoming increasingly difficult to balance each class takings and juggling is becoming very time consuming.



Thank you



## TOT OF THE WEEK

A special purple tab is awarded to the tot of the week in addition to the tot of the week trophy.

All tots are aged between 4 and 7 years old

**Ben Tressider** - For trying his best and settling well into a new class

**Luke Anthony** - For good knowledge of theory

**Bryn Fisher** - For settling well into his new class

**Kieron Daughtery** - For the most wins in the koka run

**Luke Phillips** - For having good etiquette

**Reece Prout** - For being the most improved judoka

Thank you all for your support

**Sensei Janet**

Judo tots are at 3.50pm

**EVERY TUESDAY**

## June Area Grading

Well done too the 32 who successfully graded at Penzance and for some the very first time!

Yes 32!! You all gained experience and those that used their  
swimming tickets had a great time to  
You all done the Club proud



# Welsh Nationals

On Sunday 1<sup>st</sup> July 2007, Carn Brea Judo Club took 11 children to Cardiff to attend the Welsh National Judo Championships at the Welsh Institute of Sport.

All the children did really well, but special congratulations go to Tom Naylor who won a Bronze medal in the under 55kgs category, Mark Hanson who won a Silver medal in the under 40kgs and Kieran Varah who won a silver in the under 71kgs category.

All the Judoka from Carn Brea Judo Club displayed noteworthy etiquette in their attitude towards their contests, win or lose and were a credit to the club and the sport of Judo. The techniques displayed by the Carn Brea Judoka were really varied, using left and right handed techniques, throws, hold-downs, arm locks and strangles at various times.

Well done to the following people who competed at the Championships in Wales: Lisa Ivey, Malcolm Scott, Mark Hanson, Jake Bowles, Tom Naylor, Callum Varah, Locryn Williams, Bobby Evans, Abi James, Josh Goldsworthy and Kieran Varah.

## Check Your BJC LICENCES

The licence secretary is finding that several of the club members are not renewing in time for gradings and championships.

Please note that you are not insured if you let it run out and we reserve the right not to let you practice, we know who you are! You also can not practice any where else in the area. Over the Summer Break please check your licence slip inside your black book the date of expiry is clearly stamped inside, and renew yours either before end of term or first class in September.

Thank you



## Isles of Scilly

There will be a trip to the beautiful Isles of Scilly on Friday 20 July 2007, and return on Monday 23 July

Would you like to go?

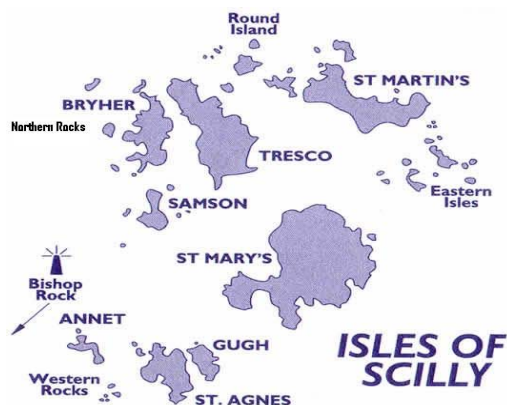
You will be hosted by one of the families on the island.

Your judo weekend will also have other activities arranged for you by your hosts.

WE will probably host them when they next visit around November at the course and grading.

You need to give your name into sensei Jacky ASAP, where you will be given full details.

**What a great way to  
start your summer  
You will be mad to  
miss it!**



### **A special mention or two or three**

Thank you to Jordan Ross who has been helping the Roskear site manager Steve Eva to lay the mats every Tuesday.

### **ALSO**

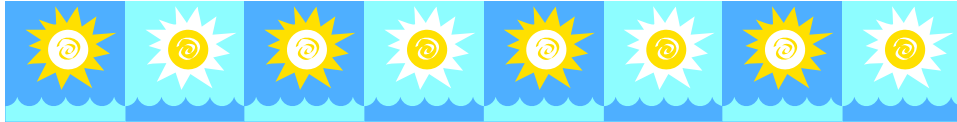
Thank you to Sensei Jacky; Sensei Sheila and Carol from the front desk for washing all the judo mats between classes.

**CARN BREA JUDO CLUB WOULD  
LIKE TO SAY THANK YOU TO THE  
PROPRIETOR AND STAFF OF**



**The Countryman**  
Piece, Carnkie, Redruth,  
Cornwall TR14 5EG

**THE COUNTRYMAN, FOR THEIR  
CONTINUAL SUPPORT  
AND SPONSORSHIP**



During the summer break if you would like to have an organised visit to neighbouring clubs please hand your name and contact number into the front desk. Sensei Andrew is keen to keep you all fit and supple for future championships and team events straight after the holidays.



Do you have an idea where the club could have our Annual Christmas Celebration?  
If so please give your ideas to Sensei Jacky or Sharon Tucker



Next newsletter Editor Sam Moyle