

WE OFFER

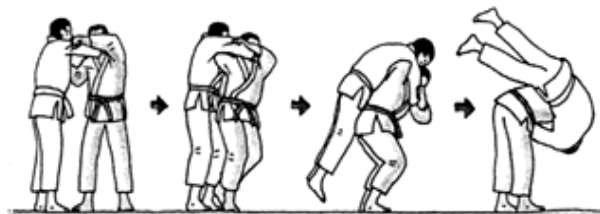
- All instructors are fully qualified with levels 1 & 2
- All instructors are CRB checked
- All instructors are first aid trained
- Some are defibrillator trained
- All instructors have child protection
- All instructors are fully insured
- The club has its own stock supplies; judo suits; kit bags; fleeces etc
- We enter competitions locally; Nationally & Internationally
- We have a bi monthly newsletter
- We have our own club championships
- We have social events for the children and for the adults
- We have our own committee
- We have a code of conduct
- Volunteers are CRB checked; have child protection and are first aid trained
- We have a tuck shop
- We have a child protection policy & equal opportunities policy
- Registered with the **Give it a go scheme**
- **Able to qualify the activity badge for Scouts, Brownies.**

We pride ourselves
to have
Fun Filled, Disciplined and
Successful Classes

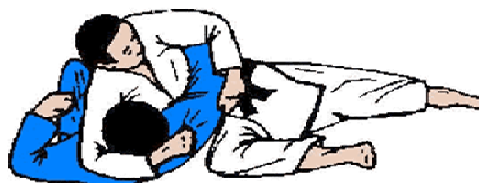
Come along have a look

See what you could learn

The art of throwing



The art of pinning and holding



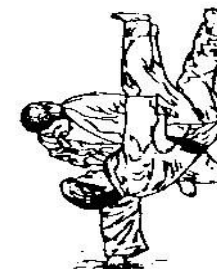
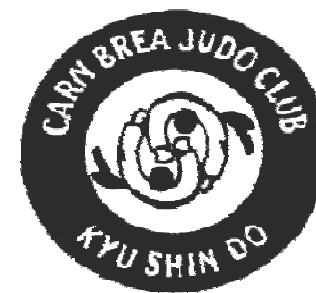
CONTACT

Club Secretary :Janet Williams 3rd Dan
Telephone: 07791151215/01209 715736
Email: janetwinnie@hotmail.co.uk
Lead Instructor : Jacky Gray 6th Dan
Telephone: 01209 712728

**Look on our website for more
details about the club on
www.carnbreajudo.co.uk**

Carn Brea Judo Club
Carn Brea Judo Club

INFORMATION LEAFLET



The sport of judo develops spirit,
independence; discipline and respect.
Its fun
It keeps all ages fit; healthy and active

Club based at Roskear School Camborne

www.carnbreajudo.co.uk

A LITTLE BIT OF HISTORY

Carn Brea Judo Club is a member of the British Judo Council, which is a National Body for judo this country.

**Judo means: the Gentle Way:
Ju=gentle, Do= way**

The BJC is recognised by the members of the International Judo Federation, the British Olympic association and the European Judo Union through the British Judo Association to which the British Judo Council is affiliated.

Founder members of the BJC were Kenshiro Abbe and Masutaro Otani and its philosophy of *Ky u Shin Do* judo has been handed onto us. The BJC President is Robin Otani (son of Masutaro Otani).

The Club was run from the Carn Brea Leisure Centre for 27 years. We moved to Roskear School, in Camborne in 1999. The club's main Sensei's are Jacky and Tom Gray who are 6th and 5th Dans and are well known in local, National and International circles. Jacky is also a current International Judo referee and a former assistant coach of the woman's BJC National Squad. The club has produced 44 Dan grades over the years and countless BJC County, National & International Champions, as well as many hundreds of club players who have all gained from being involved with this exceptional sport.

We currently have Dan grades who are teaching at the club who have been County, National & International Champions, who are passing on their experience to new members and the existing club members.

***The club is justifiably proud of its history:
judoka and their achievements***

CHOOSE A SESSION

**Carn Brea Judo Club Session Times:
Tuesdays @ Roskear School:**

Beginner : 5 to 7 years	3.50 to 4:50pm
Beginners Course: 7 years +	5:00 to 6:00pm
Intermediate Session 7 to 9 years	6:15 to 7:15pm
Advanced Primary Grades:	7:15 to 8:15pm
Junior & Senior Grades:	7:15 to 8:30pm
Mat Stowing: Everyone	8:30 to 8:45pm

(Primary age under 10, Junior 10 to 16, Espoir 16 & 17, Senior 16 to 60+)

An assortment of various Judo suits (judogi) and other judo equipment is available at very competitive prices from the club – just ask.

However, for the first weeks wear comfortable clothing with no zips or buttons,

New Judo Scheme for Beavers; Scouts; Brownies & Guides

The Scout Association and the British Judo Council (BJC) have launched a joint initiative to encourage Beavers Scouts, Brownies & Guides to gain their Martial Arts and/or the Physical Recreation Activity Badges through the BJC's judo syllabus.

We are able to offer this service to all the Associations.

We have the necessary documentation for you to participate.

The standard period for the first tab/grade is three months with attendance to ten one hour sessions.

***This qualifies for a
Martial Arts and OR
the Physical Recreation Badge.***

Please contact us for further details



WE ARE A REGISTERED CLUB WITH THE GIVE IT A GO SCHEME

Give it A Go! provides funding to school aged children / young people to allow them to access out of school activities. Children and young people are able to take part in **Give It A Go!** if they are:

- ◆ Eligible for free school meals
- ◆ Looked after children
- ◆ In receipt of families tax credits (proved by NHS exemption card)

**To make an application,
please contact your child's school.**

OR

Give us a call for further details

WE ARE EXTREMELY GOOD VALUE

BJC new membership including insurance £26
Club membership £10

Class fee when (paying in block) £1.75

New Judo suit approx £25 smaller ones will cost less, and operating over a 40 week period
ADDING THE ABOVE TOGETHER

**DO JUDO FOR AS LITTLE AS
£3.27 PER WEEK**

Based on a 5-10 year old /11-16 year old