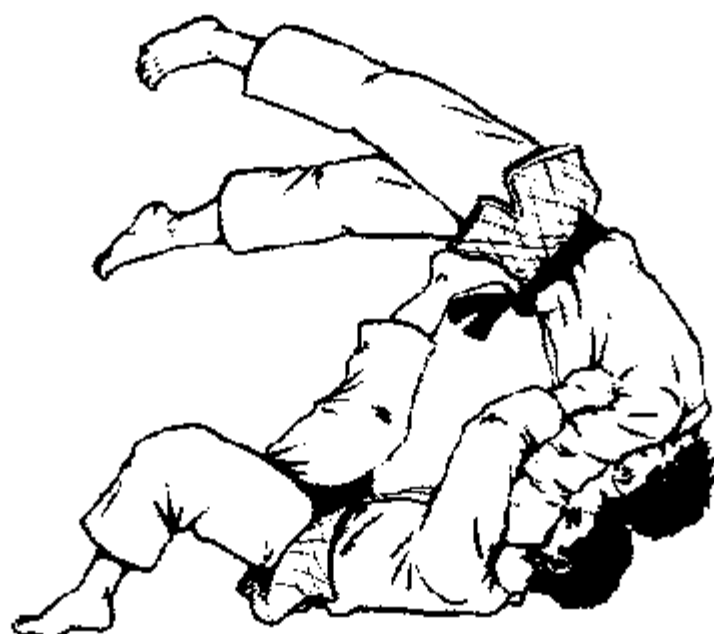


FRIDAY NIGHT TRAINING

**Practice Your Kata,
Groundwork,
Randori and Theory**

**Seniors
£2**



**Primary/
Junior/
Students
£1.50**

**July 14th, September 22nd,
October 6th & 20th
November 3rd**

6.45 - 8.30pm

